Health Care on Your Terms

Take control of your health with unlimited 24/7 virtual visits from Teladoc.

Healthie$You Comprehensive Package

Cost: $10/month for you and your entire family

- Unlimited 24/7 access to virtual care with licensed providers
- No copayments or hidden charges
- Select phone or video visits
- Providers order appropriate prescriptions from pharmacy of your choice

General Medical

- May help you avoid inconvenient and costly trips to urgent care and emergency rooms
- Expert guidance and review of your condition by a medical professional

Mental Health

- Select from a listing of licensed mental health providers and reschedule with the same provider
- On average, you can expect to have your first session within 7 days - nationally, the average wait time for an in-person mental health session is at least 25 days and can take months

Neck and Back Care

- Access certified health coaches
- Exercise-based treatment plans with monitoring and support
- Programs last four to eight weeks

Nutrition Counselling

- Expert-developed personalized programs that include nutritional guidance, custom meal plans, shopping guides, and more

Go to https://calodging.com/health-care-discounts-solutions to learn more and sign up!

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