



# Simplify your life

Access doctors and therapists by phone, video, or app

## HealthiestYou Complete Bundle \$19.99 per month

### Get Care Now (General Medical) \$0/unlimited visits

Talk to a doctor in minutes, 24/7 for non-emergency conditions

### Mental Health (myStrengthComplete) \$0/unlimited visits

Build an ongoing relationship with a therapist or psychiatrist of your choice by appointment 7 days a week, with access to additional digital programs

### Dermatology \$0/unlimited visits

Upload images of a skin condition and received a personalized treatment plan within 2 business days

### Expert Medical Advice \$0/unlimited visits

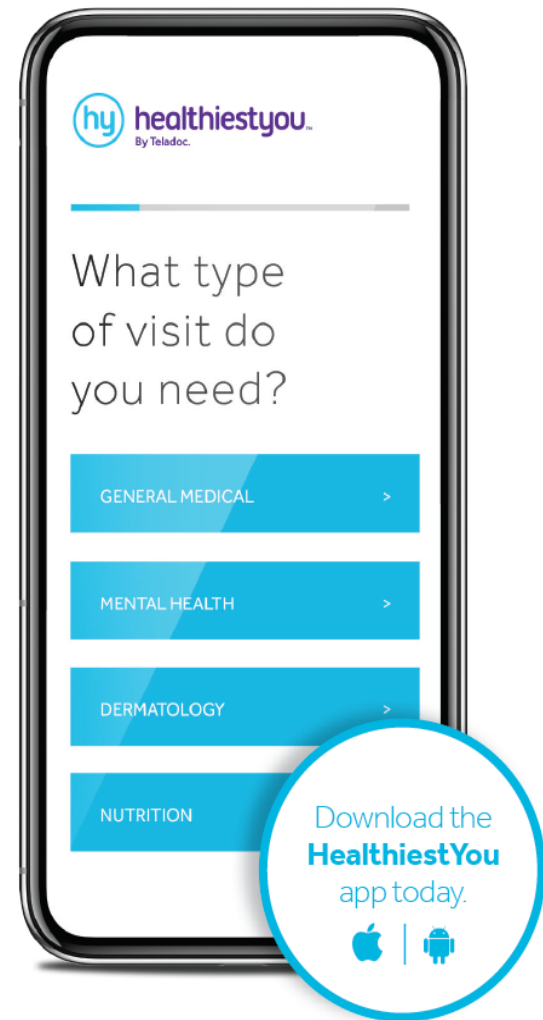
Our world-renowned medical experts can answer any medical questions, double-check a diagnosis, help you decide on a treatment plan or provide guidance about a surgery

### Nutrition \$0/unlimited visits

Talk to a registered dietitian for a personalized nutrition plan or help managing a condition like diabetes or high blood pressure

### Neck & Back Care \$0/unlimited visits

Relieve your neck and back pain through guided videos with a certified health coach



Purchase HealthiestYou individual and  
Download the HealthiestYou app today  
[calodging.com/health-care-discounts-solutions](http://calodging.com/health-care-discounts-solutions)

